

ON THE PROWL

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CHOREO: Anne & Les Tulloch, 38 Morgan Road, Ironbank SA 5153, +618 83882502, +61414842302
MUSIC: Email: lest11bigpond.com
 ‘On the Prowl’ by Ol’55 from CD ‘Take it Greasy’ track # 10 download from itunes
 Also on:
 Flip of:
 Same as:
FOOTWORK: Opposite unless noted (Woman's footwork in parentheses) Time slow to 38.5 RPM
RHYTHM: Two Step Phase II + 2 (Fishtail, Lariat) Degree of Difficulty: AVG
SEQUENCE: INTRO A A B A INTER B C D A B END

MEAS:

INTRODUCTION

1-2

SCP LOD WAIT 2 MEAS:;

1-2 IN SCP LOD with Man’s L Woman’s R foot free wait 2 measures;;

PART A

1-4

SCP LOD 2 FORWARD TWO STEPS TO WALL;; BOX:;

1-2 Fwd L, cl R, fwd L, -; Fwd R, cl L, fwd R to WALL, -;
 3-4 Sd L, cl R, fwd L, -; Sd R, cl L, bk R, -;

5-8

REVERSE BOX;; SCISSORS SCAR; SCISSORS BJO;

5-6 Sd L, cl R, bk L, -; Sd R; cl L, fwd R, -;
 7-8 Sd L, cl R, xif L to SCAR, -; Sd R, cl L, xif R to BJO checking, -;
 (Sd R, cl L, xib R to SCAR, -; Sd L, cl R, xib L to BJO checking, -;)

9-12

FISHTAIL; WALK & FACE; 2 TURNING TWO STEPS SCP LOD (2ND 3RD & 4TH times thru CP LOD);;

9-10 Xib L, sd R, fwd L, lk R; Fwd L, -, fwd R to WALL, -;
 (Xif R, sd L, bk R, lk L;)
 11-12 Sd L, cl R, turn L, -; Sd R, cl L, turn R to SCP LOD (2nd, 3rd & 4th time thru to CP LOD), -;

PART B

1-4

CP LOD 2 FORWARD TWO STEPS;; 2 PROGRESSIVE SCISSORS:;

1-2 Fwd L, cl R, fwd L, -; Fwd R, cl L, fwd R, -;
 3-4 Sd L, cl R, xif L, -; Sd R, cl L, xif R, -;
 (Sd R, cl L, xib R, -; Sd L, cl R, xib L, -;)

5-8

WHEEL;; CIRCLE AWAY 2 TWO STEPS:;

5-6 Fwd L, cl R, fwd L, -; Fwd R, cl L, fwd R, -;
 7-8 Fwd & turn L, cl R, fwd & turn L, -; Fwd & turn R, cl R, fwd & turn R, -;

9-12

STRUT TOGETHER 4 BFLY;; VINE 8 SCP LOD (2ND & 3RD times thru CP WALL);;

9-10 Fwd L, -, fwd R, -; Fwd L, -, fwd R to BFLY, -;
 11-12 Sd L, xib R, sd L, xif R; Sd L, xib R, sd L, xif R to SCP LOD (2ND & 3RD times thru CP WALL) ;

PART C

1-4

LEFT TURNING BOX:;;:

1-2 Sd L, cl R, fwd & turn L, -; Sd R, cl L, bk & turn R, -;
 3-4 Repeat measures 1 & 2 of Part C;;

5-8

BK HITCH; SCISSORS THRU; CIRCLE BOX:;;

5-6 Bk L, cl R, fwd L, -; Sd R, cl L, xif R, -;
 7-8 Sd L, cl R, fwd L, -; Sd R, cl L, bk R, -;
 (Fwd R, cl L, fwd R, -; Fwd L, cl R, fwd L, -;)

ON THE PROWL

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PART C (Continued)

9-12

LARIAT;; VINE 8 CP WALL;;

- 9-10 In plc stp L, stp R, stp L, -; Stp R, stp L, stp R, -;
(Fwd R, fwd L, fwd R, -; Fwd L, fwd R, sd L CP WALL, -;
3-4 Repeat measures 11 & 12 of Part B;;

PART D

1-4

TRAVELLING BOX;;;

- 1-2 Sd L, cl R, fwd L, -; Turn & fwd R, -, fwd L, -;
3-4 Sd R, cl L, bk R, -; Turn fwd L, -, fwd R, -;

5-8

2 FORWARD TWO STEPS;; CUT BACK TWICE; ROCK BACK & RECOVER SCP LOD;

- 5-6 Repeat Measures 1 & 2 of Part A;;
7-8 Cut L, Bk R, cut L, bk R; Rk bk L, -, rec R, -;

INTERLUDE

1-4

CP LOD BROKEN BOX;;;

- 1-2 Sd L, cl R, fwd L, -; Rk fwd R, -, rec L, -;
3-4 Sd R, cl L, bk L, -; Rk bk L, -, rec R, -;

ENDING

1-4

TRAVELLING BOX;;;

- 1-2 Repeat measures 1 & 2 of Part D;;
3-4 Repeat measures 3 & 4 of Part D;;

5-8

2 FORWARD TWO STEPS;; CUT BACK TWICE; ROCK BACK & POINT LOD;

- 5-6 Repeat measures 5 & 6 of Part D;;
7-8 Repeat measure 7 of Part D; Rk bk L, -, pnt R to LOD, -;

QUICK CUES

SEQ: INTRO A A B A INTER B C D A B END

INTRO: SCP LOD WAIT 2 MEASURES;;

PART A: 2 FORWARD TWO STEPS WALL;; BOX;; REVERSE BOX;; SCISSORS SCAR;
SCISSORS BJO CHECKING; FISH TAIL; WALK & FACE;
2 TURNING TWO STEPS SCP LOD;;

PART A: 2 FORWARD TWO STEPS WALL;; BOX;; REVERSE BOX;; SCISSORS SCAR;
SCISSORS BJO CHECKING; FISH TAIL; WALK & FACE;
2 TURNING TWO STEPS CP LOD;;

PART B: 2 FORWARD TWO STEPS;; 2 PROGRESSIVE SCISSORS;; WHEEL;; CIRCLE AWAY 2 TWO STEPS;;
STRUT TOGETHER 4 BFLY;; VINE 8 SCP LOD;;

PART A: 2 FORWARD TWO STEPS WALL;; BOX;; REVERSE BOX;; SCISSORS SCAR;
SCISSORS BJO CHECKING; FISH TAIL; WALK & FACE;
2 TURNING TWO STEPS CP LOD;;

INTER: BROKEN BOX;;;

PART B: 2 FORWARD TWO STEPS;; 2 PROGRESSIVE SCISSORS;; WHEEL;; CIRCLE AWAY 2 TWO STEPS;;
STRUT TOGETHER 4 BFLY;; VINE 8 CP WALL;;

PART C: LEFT TURNING BOX;;; BACK HITCH; SCISSORS THRU;
CIRCLE BOX TO A LARIAT;;; VINE 8 CP WALL;;

PART D: TRAVELLING BOX;;; 2 FORWARD TWO STEPS;; CUT BACK TWICE;
ROCK BACK & RECOVER SCP LOD;

PART A: 2 FORWARD TWO STEPS WALL;; BOX;; REVERSE BOX;; SCISSORS SCAR;
SCISSORS BJO CHECKING; FISH TAIL; WALK & FACE;
2 TURNING TWO STEPS CP LOD;;

PART B: 2 FORWARD TWO STEPS;; 2 PROGRESSIVE SCISSORS;; WHEEL;; CIRCLE AWAY 2 TWO STEPS;;
STRUT TOGETHER 4 BFLY;; VINE 8 CP WALL;;

ENDING: TRAVELLING BOX;;; 2 FORWARD TWO STEPS;; CUT BACK TWICE;
ROCK BACK & POINT LOD;